

Cut out, fold, tape, and carry in your wallet.

*In order to make these cards more durable,
you may want to print on heavier paper
or card stock and laminate.*

I Am a Person Who Stutters

*Stuttering is a condition covered by
the Americans with Disabilities Act*

• **What is stuttering?** Stuttering is a communication disorder in which the flow of speech is broken by repetitions (li-li-like this), prolongations (lllllike this), or abnormal stoppages (no sound) of sounds and syllables. There may also be unusual facial and body movements associated with the effort to speak. Stuttering is also referred to as stammering.

• More than **70 million people worldwide stutter**, which is about 1% of the population.

• There are many complex factors involved with stuttering. **Stress is not the cause, but it certainly can aggravate stuttering.**

For more information, call **800-992-9392**
or visit **www.StutteringHelp.org**



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Fold here. Do not cut along this line.



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